

Winter 2020

707 Legion Drive
Chittenango, NY 13037

315-687-3471

<https://sullivan.recdesk.com>



Join our
Fitness Programs
Pages 11-13



Sign up for text
alerts by program.
See page 1 for details!
**We accept
CREDIT CARDS!**



“How Sweet It Is” Father Daughter Dance

**Saturday
February 8**

**Sullivan Parks
& Recreation
Building
6:00 to 7:30 pm**

**Come for a memory
filled evening full of
dancing, laughter and fun!
A male figure in the little
girl's life will accompany her
for the evening. There will be a DJ,
refreshments, a photo booth, prize
giveaways and more!**

**Grades K to 8th
Maximum number
of couples: 40
\$30.00 per couple
\$5.00 for additional girl
DEADLINE: February 5 at noon**



Find The “Tinman’s Heart”

Win a 55” Toshiba Smart-4K Fire TV

Where: Town of Sullivan Public Use Areas

Who: Any Town of Sullivan Resident

When: February 17 to 21

WHAT: A small “HEART” will be hidden somewhere in the Town of Sullivan



Each day a clue will be posted on our

Facebook page-www.facebook.com/SullivanRecreation.

The first person who finds the heart will win a 55” Toshiba 4K Fire TV!

Look for additional rules and information on Facebook or
on our website <https://sullivan.recdesk.com>

Sign up for text alert clues by texting “tinman” to 84483.

Sullivan Park 319 Lake Street, Chittenango, NY 13037

Open daily from 9 am until 8 pm. Restrooms are available. Three pavilions are available by reservation from early May to early October. A Disc Golf Course is open during park hours. Sullivan Park is patrolled on a regular basis by the Chittenango Village Police, NYS Police and the Madison County Sheriff Department. There are two bocce courts and three public tennis courts open during park hours. Leagues and lessons may limit the use of the courts at certain times. Sullivan Park also has a softball field and sand volleyball court in which leagues have priority, as well as, numerous marked Healthy Heart walking trails.

Chapman Park 1463 Route 31, Bridgeport, NY 13030

Open daily from 9 am to 8 pm. Restrooms are available. Three pavilions are available by reservation from early May to early October. The dog park includes a large fenced in area divided into two sections where small and large dogs can be free to run safely off leash under the watchful eyes of their owners. Chapman Park is patrolled by the NYS Police and Madison County Sheriff Department. Our facilities are also monitored by our Park Personnel. There are three public tennis courts open during park hours. Leagues and lessons may limit the use of the courts at certain times. Chapman Park has 2 softball fields, a sand volleyball court & 4 soccer fields. Leagues have priority. There is also a one-mile marked walking trail.

SULLIVAN PARK BOARD

Wayne Horning, Chairman
Mark Davies
Kim Guignard
Richard Matthews
Scott Pellman
Renee Rudd
John Brzuszkiewicz, Liaison

SCC BOARD


Margaret Button, President
Derrick Pratt, Vice, President
Beverly VonPless, Treasurer
Pam Hobbs, Secretary
Jackie Boulter
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Chris Martin
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Kristin Rogers
Brett Schnauffer
Jason Thomas
Dylan Comp, Student
Evan Edwards, Student
Sarah Lanphear, Student
Abigail Owens, Student
Emily Moon, Student

LEISURE TIME CLUB BOARD

Theresa Combs, President
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Sharon Runkowski
Virginia True
Keri Youngstrom
Jean Jackson, Honorary Member
Betty Gillette, Honorary Member
Caroline Button, Honorary Member

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Text alerts will be sent out by program/category below. Be sure to sign up for those that are of interest to you!

To register for the below categories, text the keyword to 84483 and you'll be all set!

Dance Program—sccdance
Soccer Programs—soccerscc
Special Events—sccevents
Fitness Programs—sccfitness
Youth Basketball Programs—sccbball
Ski Club—sccski
Playgrounds—sccparks
Start Smart Programs—startsmart
Youth Volleyball—sccvball
Tennis Programs—sccennis
Morning Fitness Programs—morningfitness
Adult Leagues—sccadults
Cheerleading—scccheer
Find the Tinman's Heart—tinman
Pickleball—sccpickleball



Town Council**John Becker, Town Supervisor**

jbecker@townofsullivan.org

Phone: 315-687-9190

**John Brzuszkiewicz, Councilman**

jbrzuszkiewicz@townofsullivan.org

Phone: 315-633-5594

**Thomas J. Kopp, Councilman**

kopptom@aol.com

Phone: 315-687-9626

**Jeff Martin, Councilman**

jmartin@townofsullivan.org

**Kerry Ranger, Councilman**

kranger@townofsullivan.org

Phone: 315-633-9057

A Note from the Town Supervisor

Where did the Summer go? It goes way too fast!

The coming year of 2020 is going to be very busy as there are several projects in progress. These projects include updates to 4 water districts as well as a sewer district. The Town board is also discussing drainage options throughout the Town. We are also preparing for a Federal Census Information in 2020. It is very important that we all participate by filling out the census paperwork as this impacts our sales tax distribution through the Town of Sullivan and voting power throughout Madison County. The Town will also be finishing our new website in the first quarter of the year as well as implementing some of our first steps of our strategic Community Plan. The Sullivan Park pond will be finished in time for the fishing derby and parking will be finished shortly after!

It is the Holiday season and you will be reading this after Christmas. However, it is still the time to reflect on how fortunate we are and it's time to spend with family. From all of us at the Town of Sullivan to you and your loved ones, Merry Christmas and have a Happy New Year!

John Becker

Town Supervisor

Town Justice**Hon. John D. Button**

Phone: 315-687-3347

**Hon. Michael St. Leger**

Phone: 315-510-3674

A Note from the Fire Inspector

A few fire safety messages!

1. When using a wood stove clean pipes regularly. Maintain proper clearances from combustibles. Keep small children away from stove.
2. Be safe when lighting your Christmas decorations, use only approved decorations. Be especially careful when using candles during the holidays.
3. Electric space heaters must be plugged into an outlet and not into a lead cord. If plug feels hot, refrain from using heater.
4. Be sure and have smoke detector in each bedroom and carbon monoxide detector on each level in your home.
5. Kitchen fires account for many structure fires. Do not leave things unattended on your stove. Keep little ones away from the stoves so they do not get burned. Last but not least, do not put anything on top of or in the stove that is combustible.

Bill Pindle

Town of Sullivan, Fire Inspector

Town Departments

Animal Control Officer, Kim Muehlenbein, Office: 315-687-7308 Cell: 315-289-9301

Email: kmuehlenbein@townofsullivan.org

Assessor, Tanya Pifer, Phone: 315-687-7222 Email: tpifer@townofsullivan.org

Building Administrator, Phil Costanzo, Phone: 315-687-5251

Email: pcostanzo@townofsullivan.org

Comptroller, Beth Ellis, Phone: 315-687-9190 Email: bellis@townofsullivan.org

Fire Inspector, Bill Pindle, Phone: 315-633-9333

Highway Superintendent, Andrew Busa, Phone: 315-687-6031

Email: abusa@townofsullivan.org

Parks & Recreation Dept., Phone 315-687-3471

Website: <https://Sullivan.recdesk.com>

Director, Peter Bardou Email: pbardou@townofsullivan.org

Senior Program Director, Robin McCombie, Email: rstiles@townofsullivan.org

Recreation Supervisor, Jen Whiston, Email: jsmiley@townofsullivan.org

Office Manager, Lori Davies, Email: ldavies@townofsullivan.org

Park Superintendent, Louie LaPlante **Park Foreman, John Mantell**

Planning Board Clerk, Rose Park, Phone: 315-687-5251

The Planning Board meets the 1st Tuesday of every month.

Town Clerk, Amy Bettinger-Wells, Phone: 315-687-7221

Email: abettinger@townofsullivan.org

Zoning Board Clerk, Jeri Lee Rowlingson, Phone: 315-687-5251

Email: jrowlingson@townofsullivan.org

Town Historian, Mike Beardsley, Phone: 315-345-5094 Email: casketeer@aol.com

Coloring Contest



NAME: _____

AGE: _____

PHONE: _____

ADDRESS: _____

CONTEST RULES

1. Contest is open to children ages 8 and under.
2. Be Creative. Anything goes.
3. All entries **MUST** be received **NO LATER** than Wednesday, April 1st.
4. The decisions of the judges will be final!
5. Winners will be announced at the Easter Egg Hunt!
6. Mail or drop off entries to SCC, 707 Legion Dr. Chittenango, NY 13037

Boy's Youth Basketball Senior League

DATES: Mondays and Wednesdays

Jan. 6 to March 30, 2020

LOCATION: Bridgeport School Gym

AGES: 6th to 8th grade

TIME: 6:00 to 7:00 or 7:00 to 8:00 pm

(Times vary according to schedule)

FEE: **\$55.00 (residents)**

\$65.00 (non-residents)

Register at Parks & Rec. Dept. to receive family rate!

DEADLINE: January 6 at noon

DETAILS: A two day mandatory skills evaluation for all players will be held Monday, January 6 and Wednesday, January 8 at Bridgeport School Gym from 6:00 to 7:00 pm. Players will be later drafted onto teams by coaches and all communication will come from coaches.

NOTES: Any registration received after noon on January 6 will be added to a wait list and if space allows will be added to a team in the order received.

Coaches will be needed for this league! The draft for coaches to pick teams will be held Saturday, January 11 at 9:00 am at the Parks and Recreation Dept.



Boy's Youth Basketball Junior League

DATES: Tuesdays and Thursdays

Jan. 7 to March 31, 2020

LOCATION: Bridgeport School Gym

AGES: 3rd to 5th grade

TIME: 6:00 to 7:00 or 7:00 to 8:00 pm

(Times vary according to schedule)

FEE: **\$55.00 (residents)**

\$65.00 (non-residents)

Register at Parks & Rec. Dept. to receive family rate!

DEADLINE: January 7 at noon

DETAILS: Boys Junior League Basketball provides 3 weeks of opportunities to build their skill in a fun environment before assigning teams for league play. (New format) First night will be Tuesday, January 7 at 6:00 pm at Bridgeport School.

NOTE: Any registration received after noon on January 7 will be added to a wait list and if space allows, will be added to a team in the order received.

Coaches will be needed for this league!

Kid's Zumba at Parks & Recreation Dept.

SESSION 1: Tues., January 7 to February 11

SESSION 2: Tues., February 25 to March 31

SESSION 3: Tues, April 14 to May 19

LOCATION: Parks & Recreation Dept.

AGES: Boys & Girls ages 4 to 11

TIMES: 3:30 to 4:15 pm

CLASS SIZE: Minimum 12, Maximum 18

EARLY BIRD FEE: \$35.00 (residents)

\$45.00 (non-residents)

Session 1: Fee after December 27 add \$10.00

Session 2: Fee after February 14 add \$10.00

Session 3: Fee after April 3 add \$10.00

DEADLINE: Noon day before start date-strictly enforced.

DETAILS: Zumba Kids is a rockin', high-energy fitness-party packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, raggaeton, cumbia and more. Parents love Zumba Kids too because of the effects it has on the kids. It increases their focus and self-confidence, boosts metabolism and enhances coordination. Instructor is Beth Zecher and her staff. Dress your kids in breathable clothing, sneakers and send them with a bottle of water or juice and a healthy snack.

NOTE: There will be transportation offered from Bolivar Elementary to the Town of Sullivan Parks & Recreation Dept. Transportation is limited—1st come 1st serve.



Toddler Time

DATES: Wednesdays starting January 8

NOTE: No Program on Wednesday,

January 15, February 19 & March 18.

LOCATION: Parks & Recreation Dept.

AGES: 5 and under

TIME: 10:00 am to 12:00 pm

FEE: Free

DETAIL: Simply show up for fun on Wednesdays and we will provide large foam blocks, indoor play equipment and crafts on a weekly basis. Staff will not be provided for this program, a caregiver needs to be present at all times. There is no registration require for the program, just show up!

Note: February 12 – Valentine's Party

March 11 – St. Patrick's Day Party

April 22 – Earth Day Party



Clayley's Pottery Class

SESSION 1: Thursday, January 9

SESSION 2: Thursday, January 16

SESSION 3: Thursday, January 23

SESSION 4: Thursday, January 30

SESSION 5: Thursday, February 6

SESSION 6: Thursday, February 13

TIME: 4:30 to 5:30 pm

LOCATION: Clayley's 227 Genesee Street, Chittenango

AGES: 7 to 13

CLASS SIZE: Minimum 3, Maximum 10

Early Bird Fee: \$20.00 (residents) per session

\$30.00 (non-residents) per session

Program Fee add \$10.00 on Thursday before each class

DEADLINE: Noon day of class

DETAILS: A fun way to learn about pottery! Each session provides an opportunity to paint a piece of pottery! Learn techniques of creating amazing pottery art that your child will be able to bring home.

Cheerleading

DATES: Tuesday and Thursday, January 14 to March 31

NOTE: No program on February 18 and 20

TIME: 6:30 to 8:00 pm

LOCATION: Lake Street School Cafeteria

AGES: 1st to 6th grade

CLASS SIZE: Minimum 10, Maximum 30

Early Bird Fee: \$30.00 (residents)

\$40.00 (non-residents)

Program Fee after January 8 add \$10.00

DEADLINE: January 13 at noon

DETAILS: Does your child go to the football games just to watch the cheerleaders?? Do they marvel at their dance skills, their tumbling skills and their stunting skills?? Do they enjoy being the loud one in the group?? The center of attention?? This class is perfect for your child and their bff to get a taste for this enjoyable & energetic sport. Instructor is Ginny Marasco, retired CHS Varsity coach & current member of the Eastern Region Pop Warner Cheer Staff.

**It is the policy of the SCC
that once a program starts
we do not give refunds!**

Did you know...

The Sullivan Community Council and the Town of Sullivan require a 50-state background check, completed annually, on all instructors and volunteers?

***We're doing our part
to keep all participants safe!***

Cazenovia Miori Martial Arts Program

DATES: First Class is Wednesday, January 29 to March 11

NOTE: No class week of February 17

LOCATION: Miori Martial Arts Studio

Town & Country Plaza Route 20 E. Cazenovia, NY

AGES: Grades K thru 5

NOTE: Next 5 weeks Choose from Times Below

TIME: Monday 4:45 - 5:30

Tuesday 4:00 - 4:45

Wednesday 5:30 - 6:15

Thursday 4:30 - 5:15

Saturday 10:15 - 11:00

CLASS SIZE: Minimum 12, Maximum 40

Uniform Deadline January 10

\$49.00 (residents) \$59.00 (non-residents)

Fee after January 10 add \$10.00

IMPORTANT NOTE: Deduct \$10.00 if you have the official Miori Martial Arts uniform.

DEADLINE: January 28 at noon

DETAILS: Kick into ACTION!! This program is designed to help build your child in all aspects of their lives. Each class is taught with positive reinforcement and they are a ton of fun! This introductory program is designed for beginners, and participants will earn their white belt during the course. Previous participants will earn an achievement stripe for completing the course. All programs are taught by certified Black Belts and overseen by Master instructors.



Youth Programs

Winter 2020

Drone Build Workshop Mentored by CNY Drones

DATES: Sunday, February 16

LOCATION: Parks & Recreation Building, Legion Room

AGES: 12 and up

TIME: 10:00 am to 2:00 pm

CLASS SIZE: Minimum 4, Maximum 10

EARLY BIRD FEE: \$390.00 or \$490.00 with FPV Goggles (residents)

\$400.00 or \$500.00 with FPV Goggles (non-residents)

Fee after January 28: Add \$10.00

DEADLINE: February 7

DETAILS: For those who are serious about getting started with drones! Learn the basics of building & repair of small indoor Tiny Whoop class drones. Participants go home with a complete flying kit that can easily be expanded. Grow into indoor racing, outdoor freestyling, racing or participation on our annual Team Drone Challenge! We supply more than just a program. We give access to our continually updated participant resource folder & mentors for follow-up questions that always arise after programs are completed. Working with groups of 4 to 12, we provide guided drone assembly & flying instruction. Some participants from this program have started teams for the CNY Drones annual Team Drone Competition. Registration for those ages 12+ includes 1 year membership in the Academy of Model Aeronautics.

Class includes the following equipment:

Frame
Flight Controller
Brushless Motor (set of 4)
Propellers (set of 4)
FPV Camera
FPV Camera Canopy
Battery (1S) (set 8)
Battery Charger w/Power Cable
IPO Battery Bag
Taranis Radio
Taranis Battery & Charge

Kid's Night Out Roller

Skating Party

DATES: Friday, March 20

LOCATION: Bridgeport School Gym

AGES: K to 6th grade

TIME: Session 1: 5:30 to 7:00 pm

Session 2: 7:00 to 8:30 pm

CLASS SIZE: 30 max for both sessions

FEE: \$10.00 (residents)

\$20.00 (non-resident)

Fee after March 9 add \$10.00

DEADLINE: March 16 at noon

DETAILS: Lace up your skates for Kid's night out roller skating party! Calling all K to 6th graders, grab your friends for a fun night with lots of skating based games and activities! All Skates are provided, NO outside skates are allowed. Safety Equipment is NOT provided.

Start Smart Lacrosse

DATES: Wednesdays,

April 15 to May 20

LOCATION: Chittenango Middle School

Small Gym

AGES: 5 to 7 years old by April 15

TIMES: 6:00 to 7:00 pm

CLASS SIZE: Maximum 12

FEE: \$60.00 (residents)

\$70.00 (non-residents)

DEADLINE: April 6

DETAILS: Fundamentals and proper techniques will be taught. Participants will be able to keep their equipment at the end of the class so they can continue working on their skills.

IMPORTANT NOTE: This is a parent-child based class. All participants MUST have an adult present to take part in the class.



Junior Golfer Program

DATES: Saturdays, April 25 to May 23

LOCATION: Four Seasons

Route 5 West, Fayetteville

AGES: Ages 8 to 12

TIME: 9:00 to 10:00 am

FEE: \$100.00 (resident)

\$110.00 (non-resident)

DEADLINE: April 23 at noon

DETAILS: Enjoy five weeks of one hour golf lessons covering all aspects of the game. Fee includes balls and clubs.



New Year's Fun Run and Walk

DATE: Wednesday, January 1, 2020

TIME: 9:20 am

LOCATION: Parks & Recreation Dept.

FEE: Free! Please bring a donation or food item to benefit the Sullivan Food Cupboard.

DETAILS: The distance options will be 1, 3 or 5 miles. This will be a FUN run/walk, with a chance to kick the New Year off right. We will attempt to use either the former Yellow Brick Road Run course or a combination of the Erie Canal towpath and the village neighborhood trails and new Creek Walk. Refreshments and door prizes following will be provided by local establishments.



Surf City Family Fun Center

DATE: Monday, February 17

TIME: 1:00 to 4:00 pm

LOCATION: Surf City Family Fun Center, North Syracuse

FEE: \$13.00 per child

DEADLINE: Friday, February 14 at noon

NOTE: Advance registration and payment is required.

DETAILS: Bring the kids for a fun afternoon at Surf City Family Fun Center! This includes Kahuna's Bounce House, Jungle Gym, Ball Pit and 24 tokens for the arcade. A waiver does need to be signed prior to attending the Surf City Family Fun Center. You can get that information from the Parks & Recreation Dept.

Family Ice Skating

DATES: Tuesday, February 18

TIME: 12:00 to 1:30 pm

LOCATION: IcePlex at SUNY Morrisville

Fee: Children under 12: \$2.00

Adults 13 and over: \$3.00

Skate Rental Fee: \$3.00

DEADLINE: Friday, February 14 at 4:00 pm

NOTE: Advance registration and payment is required

DETAILS: Bring your family and friends to enjoy an afternoon of excitement!



The Annual Fund Drive has begun for the Sullivan United Community Chest for the 2019-20 fiscal year. But we need YOUR help in order to continue to help this great community!

All funds raised (except for basic costs of postage and audits) are distributed to worthy charities that directly benefit Town of Sullivan residents. Donations may be mailed to SUCC, PO Box 322, Chittenango, NY 13037 or made online with a credit card via PayPal*.


*To donate online via PayPal, go to <https://sullivan.recdesk.com> and click on the "Community Chest" tab on the top. Then click "Donate."

Reminder...

When the Chittenango School District is closed or cancels after-school activities, the Town of Sullivan Parks & Recreation Department's Programs are also cancelled.

Weekday morning programs are cancelled if school is closed or delayed!

The Town of Sullivan Parks & Recreation Dept. will not exclude any youth from participating in programs for financial reasons. Parents can contact the department to discuss a variety of limited scholarship opportunities. All inquiries will be confidential.



Family Movie Night

Wednesday, February 19 at 4:00 pm
Parks and Recreation Building Legion Side

\$5.00 per family

Join the Parks and Recreation Department for Family Movie. Bring a blanket, chair, or bean bag. There will be popcorn and pizza. We will be watching "Toy Story 4". Must pre-register for this program. All ages welcome! Maximum 40

REGISTRATION DEADLINE: February 18 at noon



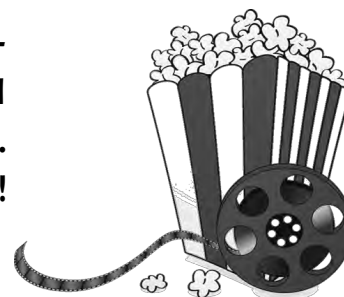
Teen Movie Night

Wednesday, February 19 at 6:30 pm
Parks and Recreation Building Legion Side

\$5.00

Join the Parks and Recreation Department for a Teen Drive-Movie Night. Bring a blanket, chair, or bean bag. There will be popcorn and pizza. We will be watching "Shazam". Must pre-register for this program. Ages 13 and up! Maximum 40

REGISTRATION DEADLINE: February 18 at noon



Winter Programs

Winter 2020

Sullivan Family Tubing at Four Seasons

SESSION 1: Thursday, December 26, 2019
SESSION 2: Friday, December 27, 2019
SESSION 3: Thursday, January 2, 2020
SESSION 4: Friday, January 3, 2020
SESSION 5: Thursday, February 20, 2020
SESSION 6: Friday February 21, 2020
TIMES: 4:30 to 9:00 pm
LOCATION: Four Seasons Ski Center
FEE: \$16.00 per person
DEADLINE: At noon day of program
DETAILS: Everything is supplied, tubes & lift tickets are included.
Advance registration only through the Parks & Recreation office.



Learn to Ski or Snowboard

6-WEEK PROGRAM

SESSION 1: Saturdays, January 11 to February 15
SESSION 2: Sunday, January 12 to February 16
FEE: \$145.00 (Equipment rentals are extra)

4-WEEK PROGRAM

SESSION 3: Saturday, February 1, to 22, 2020
SESSION 4: Sunday, February 2 to 23, 2020
FEE \$130.00 (Equipment rentals are extra)
TIMES: 10:00, 11:30 am, or 1:00, 2:15 pm
LOCATION: Four Seasons Ski Center
AGES: 6 and up
DETAILS: Fee includes a season pass for day of lesson and six weeks of downhill skiing or snowboarding instruction for January program and four weeks of instruction for the February program. Rental rates are \$18.00 per day for skis or \$22.00 per day for snowboard.

Learn to Ski or Snowboard Camp

DATE: February 18 to 21
TIMES: 10:00 am to 2:00 pm
LOCATION: Four Seasons Ski Center
AGES: 5 and up
FEE: Ski Camp \$265.00, Snowboard Camp \$285.00
REGISTRATION: Parks & Recreation office
DETAILS: Fee includes 3 hours of lessons, lift ticket, equipment rentals and lunch each day. No refunds or substitutions.



After School Ski or Snowboard

DATES: Friday, January 10 to February 14
TIMES: 4:00 or 5:15 pm
LOCATION: Four Seasons Ski Center
AGES: 5 and up
FEE: \$135.00
DETAILS: Six week one-hour downhill skiing or snowboarding lesson packages. Must ski the same day each week. Fee includes season pass for the day of lesson for the remainder of the season with a special daily rental rate of \$18.00 for skis or \$22.00 for snowboard.



NYS Snowmobile Safety Class

DATE: Saturday, January 11
TIME: 8:00 am to 4:00 pm
LOCATION: Parks & Recreation Dept. Legion Room
AGES: 10 to 18 years old (MUST be 10 by day of class)
FEE: Free
DEADLINE: Tuesday, January 7
CLASS SIZE: Maximum 50
DETAILS: This 8-hour course will teach NYS regulations and safety tips. Completion will allow youth to operate a snowmobile in NYS with a score of 75% or better on the test. Instructor is Darren Ladd of the Madison County Sheriff's Dept. Bring a lunch!



Sullivan Parks Cross Country

Skiing & Snowshoeing

DATES: Saturdays & Sundays through March
WEATHER PERMITTING
TIMES: 11:00 am to 4:00 pm
Last sign out is 3:00 pm each day.

LOCATION: "Basement of House" at Sullivan Park, Chittenango
AGES: All ages (Under 10 must be accompanied by an adult)
FEE: FREE Ongoing on site.
DETAILS: The Town of Sullivan Parks & Recreation Dept. have a limited number of cross country skis and snowshoes which are available for use in the park, weather and conditions permitting. Groups may call in advance to reserve a date for an outing. Equipment must be used in the park. Please bring a license to check out equipment.



Chittenango Fitness & NUTRITION

Throughout this brochure, you will find listings and descriptions of our Fitness Programs for Kids, Adults and Seniors.

We offer a full schedule of morning and evening Group Exercise Classes for all ages and levels.

****Registration is available through the Parks & Rec.****

We also offer Nutritional Counseling, both one-on-one and Online. Our Online Program checks in with you everyday, giving you tips and lessons on nutrition, customized for your needs. One-on-one Counseling can be done at our office or at your chosen location.

Find us on Facebook at Chittenango Fitness
Call or text Beth 315-427-9393
chittenangofitness@gmail.com

VFW Bridgeport

Memorial Post 8440

516 Route 31

Bridgeport, NY 13030

315-633-2422



Meetings—1st Saturday of Month

Chicken Wings

Every Wednesday—6:00 to 8:00 pm

Philly Cheese Steak Sandwiches and Fries

Every Monday—5:00 to 8:00 pm

Open to Public

Meat raffle 3rd Saturday of month—2:00 pm til gone

For VFW hall rental information call
315-633-2422

OPEN 7 DAYS A WEEK!

*Glass

*Window Repair

*Pipe Cut & Thread

*Screen

*Quality Paints

*Pool Supplies

Friendly Service

Quality Products

We are here to serve you!

McGowan's Hardware

991 E. Genesee Street

Chittenango, NY

Next to Chittenango Post Office

315-687-6168

"Unlimited" Night Fitness Classes

All classes are held at Parks & Rec. Dept.

SESSION 1: January 6 to February 15

SESSION 2: February 17 to March 28

SESSION 3: March 30 to May 9

SESSION 4: May 11 to June 20

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Saturday</u>
<u>POWER HOUR</u>	<u>1/2 HOUR PIYO</u>	<u>POWER HOUR</u>	<u>HIIT</u>	<u>HIIT</u>
4:30—5:30 pm	4:30—5:00 pm	4:30—5:30 pm	5:00—5:30 pm	7:30
<u>CORE CRUSHER</u>	<u>HIIT</u>	<u>CORE CRUSHER</u>	<u>POUND</u>	<u>PIYO</u>
5:30—5:45 pm	5:00—5:30 pm	5:30—5:45pm	5:30—6:15 pm	8:00 am
<u>PIYO</u>	<u>POUND</u>	<u>PIYO</u>	<u>CARDIO DANCE</u>	<u>CARDIO DANCE</u>
5:45—6:30 pm	5:30—6:15 pm	5:45—6:30 pm	6:15—7:00 pm	9:00 am
<u>YOGA</u>	<u>CARDIO DANCE</u>			
6:30—7:00 pm	6:15—7:00 pm			

Power Hour—This class builds muscle strength and muscle definition through the use of hand held weights (provided) and body weight. This class is easy to follow and is welcome to all fitness levels.

HIIT—HIIT or high-intensity interval training, is a training technique in which you give all-out, one hundred percent effort through quick, intense bursts of exercise, followed by short recovery periods. This type of training gets and keeps your heart rate up and burns more fat in less time.

PIYO—PIYO is a mixture of the muscle-sculpting, core-firming benefits of Pilates and the flexibility advantages of yoga.

Cardio Dance— This class is for anyone who wants a great cardio workout.

Pound—Pound is a full body cardio workout using drum sticks and rocking music.

Core Crusher—15 minute all core class.

YOGA— Join us for this basic YOGA class.

**96 Class
Options**

EARLY BIRD SPECIAL: \$65.00 (residents)

\$70.00 (non-residents)

Fee after noon on first day of session: Add \$5.00.

Details: Classes CANNOT be carried over to the next session or shared between other participants. Bring a mat and water bottle. Instructors are Beth Zecher and her team. Questions text Beth Zecher at 315-427-9393 or bethzecher@gmail.com.

Sign up for night fitness text alerts by texting "sccfitness" to 84483

Like us on Facebook at www.facebook.com/SullivanRecreation and Chittenango Fitness to receive updates!

WHEN SCHOOL OR AFTER-SCHOOL ACTIVITIES ARE CANCELLED DUE TO WEATHER

Adult/Senior Morning Fitness

Winter 2020

Morning Cardio

DATES: Mondays, Wednesdays and Saturdays

SESSION 1: January 6 to February 15

SESSION 2: February 17 to March 28

SESSION 3: March 30 to May 9

SESSION 4: May 11 to June 20

LOCATION: Parks & Recreation Dept.

AGES: Adults age 18 and over

TIME: Mondays & Wednesdays

8:00 to 8:45 am

Saturdays 9:00 to 9:45 am

FEE: \$30.00 (residents)

\$35.00 (non-residents)

DETAILS: This is a total body workout with simple dance and cardio moves that are super fun! All you have to do is show up, keep moving and you're guaranteed a good time! Wear comfortable clothes and athletic shoes. Bring a bottle of water and a hand towel. Instructor is Beth Zecher.

**WHEN CHITTENANGO CENTRAL SCHOOLS
ARE DELAYED OR CLOSED
OUR MORNING FITNESS PROGRAMS ARE
CANCELLED!**

Forever Fit

DATES: Tuesdays and Thursdays

SESSION 1: January 7 to February 13

SESSION 2: February 18 to March 26

SESSION 3: March 31 to May 7

SESSION 4: May 12 to June 18

LOCATION: Parks & Recreation Dept.

AGES: All adult ages are welcome!

TIME: 7:45 to 8:45 am

CLASS SIZE: Maximum 25

FEE: \$50.00 (residents)

\$55.00 (non-residents)

DETAILS: This 60-minute strength class will improve your strength, balance, coordination, agility and flexibility. You will enjoy a supportive and friendly environment with people just like you. Bring your enthusiasm, a towel and a bottle of water. Get ready to have some **FUN** that will keep you coming back for more. Instructor is Beth Zecher.

"Exclusive" Saturday

Morning Only Class

DATES: Saturdays

SESSION 1: January 11 to February 15

SESSION 2: February 22 to March 28

SESSION 3: April 4 to May 9

SESSION 4: May 16 to June 20

FEE: \$30.00 (residents)

\$35.00 (non-residents)

LOCATION: Parks & Rec. Dept.

AGES: Adults age 18 and over

TIMES: 8:00 to 9:45 am

DEADLINE: 1 Week prior to start of class.

CLASS SIZE: Minimum 6

DETAILS: Is Saturday is the only day you have to work-out? Come join us for unlimited 6 weeks of classes on Saturday mornings! Bring a mat and water bottle. Instructor is Beth Zecher.



Morning YOGA SR./YOGA

DATES: Tuesdays, Thursdays

SESSION 1: January 7 to February 13

SESSION 2: February 18 to March 26

TIMES: 8:45 to 9:15 am

SESSION 3: March 31 to May 7

SESSION 4: May 12 to June 18

TIMES: 7:00 to 7:30 am

FEE: \$30.00 for (residents)

\$35.00 (non-residents)

LOCATION: Parks & Rec. Dept.

AGES: Adults age 18 and over

DEADLINE: Noon day before class starts

CLASS SIZE: Minimum 6

DETAILS: Morning Yoga is the perfect way to start your day! Come join us on our mats for a Yoga anyone can do. (No experience or toe-touching flexibility required). Not only will the poses in this class perk you up, but they'll also open your hips, stretch your shoulders and lengthen your spine. The result! You'll leave feeling centered, focused and ready to own the day.

Get Started

DATES: Mondays and Wednesdays

SESSION 1: January 6 to February 12

SESSION 2: February 17 to March 25

SESSION 3: March 30 to May 6

SESSION 4: May 11 to June 17

LOCATION: Parks & Recreation Dept.

AGES: Adults age 18 and over

TIME: Mondays & Wednesdays

8:45 to 9:15 am

FEE: \$30.00 (residents)

\$35.00 (non-residents)

DETAILS: Are you brand new to working out or has it been so long it's like you forgot how?

Then this class (for the deconditioned participant) is for you! This 30-minute class will get you moving with basic strength moves with a little cardio mixed in. Instructor is Beth Zecher.

HIIT

DATES: Tuesdays, Thursdays and Saturdays

SESSION 1: March 31 to May 9

SESSION 2: May 12 to June 20

LOCATION: Parks & Rec. Dept.

AGES: Adults age 18 and over

TIMES: Tuesdays & Thursdays 6:00 to 6:30 am

Saturdays 7:30 to 8:00 am

FEE: \$60.00 for (residents)

\$70.00 (non-residents)

DEADLINE: Noon day before class starts

CLASS SIZE: Minimum 6

DETAILS: HIIT or high-intensity interval training, is a training technique in which you give all-out, one hundred percent effort through quick, intense bursts of exercise, followed by short recovery periods. This type of training gets and keeps your heart rate up and burns more fat in less time. Moves can be modified to fit most participants. Bring a mat and water bottle. Instructor is Beth Zecher and Samantha Hortsman.



Adults 18 +
\$170.00 (Resident)
\$175.00 (Non-Resident)
Includes 12 weeks of
unlimited night classes!

Start the New Year off Right!

- ◆ You will have 12 weeks to improve your body and health starting with a full body assessment. All muscle increase and fat loss add up and count towards your goal.
- ◆ There will be a final assessment at week 12 to determine the final results!
- ◆ The participant that shows the greatest improvement WINS!



Challenge
informational
meeting and weigh in
held on
Sunday, January 5
at 6:00 pm.

Registration Deadline Friday, January 3 at noon. PRE-REGISTRATION REQUIRED!

Precision Nutrition Coaching Informational Meeting

DATE: Sunday, January 12—Free Informational Meeting

TIME: 6:00 pm

LOCATION: Parks and Recreation Dept.

AGES: Adults 18 and over

FEE: FREE

REGISTRATION DEADLINE: January 10 at noon.

DETAILS: This nutrition program is lead by Beth Zecher. While she is NOT a Registered Dietician, she has been in the health industry for over 20 years and a Certified Precision Nutrition Coach for 3 years. Do you ever feel like your body is working against you instead of for you? In this Nutrition Program you will learn how to stop dieting and counting calories and start feeling, eating and living better. This coaching comes with the Promise that you will be more knowledgeable, healthier, stronger and happier by the end of the program. During this life-changing nutrition program, you will learn not only what to eat, but how to eat (and why the “How” is even more important!) This step-by-step program will teach you how to completely change your life for the better. With daily tips and pointers you will receive the information you need to make positive changes in your life. You are invited to this FREE informational meeting. Pre-registration is required. Please stop by the office or go online to reserve your spot. Space is limited.

Adult Programs

Winter 2020

Chess Club

DATES: Monday Evenings

TIMES: 6:30 to 8:00 pm

LOCATION: Parks & Recreation Dept.

AGES: Teens and Adults age 16 and over.

FEE: Free! Bring your own chess set.

DEADLINE: Ongoing, register nightly!

DETAILS: Enjoy the challenges of playing chess against new opponents by joining the chess club. Players of all skill level are encouraged to attend. Beginners are welcome. Contact John Wolf at 315-687-3356.

**WHEN CHITTENANGO CENTRAL SCHOOLS
ARE CLOSED
OUR PROGRAMS ARE CANCELLED!**

Seasoned Men's Open

Recreation Basketball

DATES: Mondays thru June 8

TIMES: 7:00 to 9:00 pm

LOCATION: Lake Street School Gym

AGES: Adult 30 and over

FEE: Winter/Spring Session:

Package 1: Jan.—June

\$10.00 for 5 passes

Package 2: Jan.to June

\$30.00 (with 3 additional passes)

NOTE: Guest passes can only be used during the session in which they were purchased.

DEADLINE: Registration is ongoing at the Parks and Rec. Dept. or on our website at <https://sullivan.recdeskc.com>.

DETAILS: The gym is open for informal play for residents of the Town of Sullivan. All players must pay in advance and sign in weekly. School functions have priority at all times. Supervisor is Rick Rohrer.

Healthy Heart Indoor

Walking Program

DATES: Ongoing Mondays thru Thursdays
thru April 2

LOCATION: Chittenango High School

AGES: Adults age 18 and over

TIMES: 6:00 to 8:00 pm

FEE: \$15.00 for (residents)

\$20.00 (non-residents)

DEADLINE: Ongoing at the Parks & Recreation Dept. or on our website—

<https://sullivan.recdesk.com>

DETAILS: Open program where members walk up to four evenings a week by signing in and out nightly. Try it free, if you enjoy the program, join the club and improve your health by walking at the safe, clean, warm school. Walking permitted on 2nd floor of H.S. only. Supervisor is Jack Anson.

Seasoned Open

Recreation Volleyball

DATES: Thursdays, thru April 20

TIMES: 7:00 to 9:00 pm

LOCATION: Lake Street School Gym

AGES: Adult 30 and over

FEE: Winter/Spring Session:

Package 1: Jan. to May

\$10.00 for 5 passes

Package 2: Jan. to May

\$28.00 (with 3 additional passes)

NOTE: Guest passes can only be used during the session in which they were purchased.

DEADLINE: Registration is ongoing at the Parks and Rec. Dept. or on our website at <https://sullivan.recdeskc.com>

DETAILS: The gym is open for informal play for residents of the Town of Sullivan. All players must pay in advance and sign in weekly. School functions have priority at all times. Supervisor is Tadd Goff

Healthy Heart Indoor

Walking Program

Bridgeport School

DATES: Mondays thru Thursdays

January 6 to April 2

LOCATION: Bridgeport Elementary School

AGES: Adults age 18 and over

TIMES: 6:00 to 8:00 pm

FEE: \$10.00 for (residents)

\$15.00 (non-residents)

DEADLINE: Ongoing at the Parks & Recreation Dept. or on our website—<https://sullivan.recdesk.com>

DETAILS: Membership fee includes t-shirt if registered by February. Open program where members walk up to four evenings a week by signing in and out nightly. Trying is free, if you enjoy the program, join the club and improve your health by walking at a safe, clean, warm school. Sign in for walking will be by the gym on the side of the building.

PickleBall

DATES: Mondays & Wednesdays

January 6 to March 11

NOTE: No program January 20, February 17 and 19

LOCATION: Chittenango High School
Small Gym

AGES: Adults age 18 and over

TIME: 6:00 to 8:00 pm

CLASS SIZE: Maximum 12

FEE: \$15.00 (residents)

\$20.00 (non-residents)

DEADLINE: Ongoing at the Parks & Recreation Dept. or on our website—<https://sullivan.recdesk.com>

DETAILS: Looking to play pickup pickleball during the winter? We will have one court available in the High School Little Gym. Want to give it a try? We can provide limited rackets and balls..

Adult and Instructional Programs

Winter 2020

Chalk Designs with Brenda

SESSION 1: Tuesday, February 11

SESSION 2: Tuesday, March 10

TIME: 6:00 to 8:00 pm

LOCATION: Parks & Recreation Dept.
Legion Room

AGES: 16 and over

CLASS SIZE: Minimum 4, Maximum 12

EARLY BIRD Fee: \$45.00 (residents)
\$55.00 (non-residents)

Fee after SESSION 1: Jan. 31 add \$10.00

SESSION 2: Feb. 28 add \$10.00

DEADLINE: Friday before Session

DETAILS: Chalk Contour is the fastest growing concept in DIY home decor, where your designing possibilities are as easy as they are unlimited. So get creative and come have fun using Chalk Couture chalk paste and ink to create a masterpiece. Who doesn't need something to jazz up their house for the different seasons coming up? Come out and join Brenda in making something sweet for Valentine's Day and followed by another class for bring some spring into your house. In the class you will receive a transfer to create your project and then take the transfer home to use multiple times to make additional projects. Instructor Brenda Carhart.

Defensive Driving Class

DATES: Tuesday and Thursday
March 17 and 19

TIMES: 6:00 to 9:00 pm

LOCATION: Parks & Recreation Dept.

AGES: 16 & up with a NYS Driver's license or
NYS Permit

FEE: \$40.00

DEADLINE: Friday March 13

CLASS SIZE: Minimum 7, Maximum 40

DETAILS: This is a NYS approved defensive driving course. Students must complete both days to receive a certificate that will entitle them to discounts of 10% on their automobile insurance for three years and removes 4 points from their driving record. Mark Smith is the instructor.

Ladies Night at Clayley's

DATE: Wednesday, March 4

TIME: 6:30 pm

LOCATION: Clayley's
227 Genesee Street, Chittenango

AGES: 16 and over

CLASS SIZE: Minimum 6, Maximum 30

Clay Wine Cup or Kiss Me I'm Irish Mug

EARLY BIRD Fee: \$17.00 (residents)
\$27.00 (non-residents)

Deviled Egg Tray

EARLY BIRD Fee: \$30.00 (residents)
\$40.00 (non-residents)

Program Fee after February 12 add \$10.00

DEADLINE: February 19

DETAILS: Enjoy a night out with your friends and create a beautiful piece of pottery to bring home. Bring your own beverage! Cheese and Crackers will be provided.

Spring Adult Golf Program

DATES: Wednesdays, April 29 to May 27

LOCATION: Four Seasons
Route 5 West

AGES: Ages 14 and older

TIME: 6:30 pm

FEE: \$100.00 (resident)
\$110.00 (non-resident)

DEADLINE: Tuesday, April 28 at noon.

DETAILS: Enjoy five weeks of one hour golf lessons covering all aspects of the game. Fee includes balls and clubs.



About Boating Safely

SESSION 1: Saturday, March 7 and 14

SESSION 2: Saturday, April 25 and May 2

TIMES: 8:30 am to 1:00 pm

LOCATION: Parks & Recreation Dept.
Legion Room

AGES: Must be 10 by 1st day of class

FEE: \$27.00 per person
\$40.00 per couple

NOTE: To receive couple discount you must register at the Parks and Recreation Dept.

DEADLINE SESSION 1: March 4 at noon

DEADLINE SESSION 2: April 22 at noon

CLASS SIZE: Minimum 12, Maximum 30

DETAILS: "About Boating Safely" is a course which is recognized in all 50 States and U.S. Territories. This course requires 8 hours of classroom instruction followed by an Instructor proctored exam. Upon successful completion of the exam, boating class students are awarded a USCG Auxiliary Certified Boating Course ID card and a Certificate of Completion. These documents are required for operation of personal watercraft in New York and other states. Some states also require this course in order to operate standard vessels within their



NYS Safe Boating Course

SESSION 1: Saturday, May 9

SESSION 2: Saturday, June 13

LOCATION: Parks & Rec. Dept.
Legion Room

TIME: 8:00 am to 4:00 pm

CLASS SIZE: Maximum 30

DEADLINE: 1 week prior to session by noon

DETAILS: This is a required course for all operators of personal watercraft and is the basic NYS licensing and certification program. Valid in NY State waters only.

NOTE: All individuals regardless of age must be NYS certified in a safe boating course to operate a personal watercraft (Sea-doo etc.).

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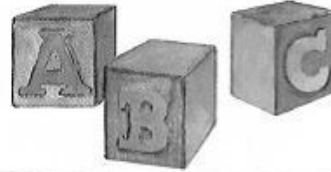
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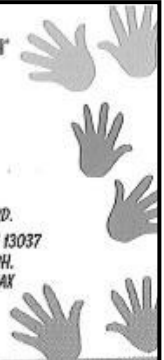
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Senior Programs

S.N.A.C.K. Luncheon

DATES: Mondays,
Tuesdays and Fridays
LOCATION: Parks &
Recreation Dept.
TIME: Meals served at
11:30 am
FEE: \$3.50 (Suggested Contribution)
DEADLINE: Reservations are accepted
one day in advance by calling the Parks &
Recreation Dept. at 315-687-3471.
Chittenango site manager is Theresa
Combs. Home delivered & take out
meals are also offered.
DETAILS: A hot nutritious meal is offered
to all residents ages 60 and over.
Monthly menus are available.



Recreational Card Playing

DATES: Fridays, year round
LOCATION: Parks &
Recreation Dept.
TIME: 12:15 to 4:00 pm
FEE: Free
DETAILS: Enjoy lively pitch
and pinochle games in a fun, informal
group. New players are welcome to join
and socialize. No advance registration
needed.



Join the Sullivan Leisure Time Club

This senior organization works with the
Parks & Recreation Department to
promote social activities for ages 60+.
New members are always welcome.
Membership dues are \$10.00 a year.
Contact the Parks & Rec. Dept.
at 315-687-3471.

AARP Driving Class

Chittenango Class

SESSION 1: Saturday, January 18
SESSION 2: Saturday, February 15
SESSION 3: Saturday, April 18
10:00 to 4:30 pm
Sherry Menninger-instructor this class
(No Lunch Provided)
SESSION 4: Saturday, May 16
LOCATION: Parks & Recreation Dept.
Legion Room
SESSIONS 1, 2 and 4
TIME: 9:00 am to 3:00 pm
Lunch is offered for a small donation.
Instructor is Joe Gaiser.

Bridgeport Class

DATE: Tuesday, May 19
LOCATION: Bridgeport Library
TIME: 10:30 am to 5:00 pm
FEE: \$20.00 members
\$25.00 non-members
DEADLINE: 1 week before each session.
NOTE: Bring a bag lunch! Instructor is
Sherry Menninger.
DETAILS: A Defensive Driving course for
all drivers age 50 and over offered by
AARP. Successful completion entitles
participants to discounts on insurance
and a point reduction. AARP Members
must bring their membership card to
class.

The Fancy Hat Ladies

The fancy hat ladies have planned
several outings and activities throughout
the fall. Call Nelda Cook at 315-656-9618
for details.

Jigsaw Puzzle Exchange

We have a jigsaw puzzle exchange going
on at the Parks & Rec. Dept. This is how
it works: People bring in puzzles and
people take puzzles. There are always
several to choose from! We currently
have a large selection of puzzles on hand.

Bridgeport OSTEOPOROSIS

DATES: Mondays &
Thursdays, year round
LOCATION: Bridgeport Methodist Church
TIME: 10:00 to 11:00 am
FEE: Free
New Participants Accepted!



Chittenango OSTEOPOROSIS

DATES: Thursdays, year round
LOCATION: Parks & Recreation Dept.
TIME: 10:00 to 11:00 am
FEE: Free
New Participants Accepted!
DETAILS: Classes are designed to help
prevent and diminish the effects of
osteoporosis and reduce bone loss
through strength training exercises.
Beginners will be integrated into the
existing class. Please call for availability.

Recreational Bowling League

DATES: Tuesdays thru May 5
LOCATION: Village Lanes East Syracuse
TIMES: 9:00 to 11:00 am
FEE: \$6.00 per week
(warm-ups begin at 8:45 am)
REGISTRATION: Weekly at the alley.
DETAILS: The East Syracuse Village Lanes
is the new site for informal mixed
bowling. There are no formal teams.
Bonnie Crayton is the secretary. Marge
& Tom Bundle are treasurers. New
bowlers are always welcome. End of the
season banquet will be announced. No
Tap tournament will also be announced.

Package Includes: (Itinerary is subject to change)

- ◆ 2 Nights Lodging
- ◆ 2 Breakfasts
- ◆ 2 Dinners, including Boston Tea Party Dinner Show and Cheers Beacon Hill
- ◆ Admission to the New England Aquarium
- ◆ JFK Library and Museum
- ◆ Boston Duck Tour
- ◆ 3-Hour Freedom Trail step-on-guided tour with stops at Paul Revere's House and the Old North Church
- ◆ USS Constitution and USS Constitution Museum
- ◆ Tour of Fenway Park
- ◆ Motor-coach Transportation
- ◆ Baggage handling provided at the hotel
- ◆ All taxes and gratuities including customary tips to motor coach driver and guides.

Boston Tea Party Trip

May 12 to May 14

Double Room \$598.00 each residents

Triple Rooms \$546.00 each

Single Room \$754.00

(Non-Residents add \$15.00)

\$25.00 Deposit due to hold your seat on February 1

\$100.00 Deposit due on March 1

Final payment due on April 1

Senior Program Registration Form

Name/Names: _____ Phone: _____

Address: _____ E-mail: _____

Emergency Contact Name: _____ Phone: _____

_____ LTC 2020 Dues -\$10.00

_____ AARP Driving Class—SESSION _____ \$20.00 member of AARP, \$25.00 non-members of AARP

_____ Judy's OTL Bunch—DATE _____

_____ Mid-Winter Brunch-January 15-\$8.00 members of LTC/\$12.00 non-members and guests

_____ Soups & Subs & Sundaes-February 19-\$8.00 members of LTC/\$12.00 non-members and guests

_____ Spring Ahead Potluck Covered Dish-March 18-Free

_____ Annual Lions Club Dinner-April 26-Free Seniors 60+/\$10.00 Guests

_____ Boston Tea Party Trip-May 12 to 14-\$598.00 double; \$546 triple; \$754 single/\$25.00 deposit
(non-residents add \$15.00)

***** ALL CHECKS PAYABLE TO S.C.C. *** Contact us if you wish to pay with credit card.**

Senior Citizen Dinners

Winter 2020

Mid-Winter Brunch

DATES: Wednesday, January 15

TIMES: 10:00 am to 1:00 pm

LOCATION: Parks & Recreation Dept.

FEE: \$8.00 for members of LTC

\$12.00 for non-members and guests

RESERVATIONS: Sign up with payment by January 10.

DETAILS: Join us for pancakes, eggs, sausage and bacon!! We'll round out the meal with home fried potatoes, coffee, tea, juice, toast and yummy desserts.

After brunch we will play low stakes BINGO just for fun.

Soups, Subs and Sundaes

DATES: Wednesday, February 19

TIMES: 11:30 am to 2:30 pm

LOCATION: Parks and Recreation Dept.

FEE: \$8.00 for members of LTC

\$12.00 for non-members and guests

RESERVATIONS: Sign up by February 14.

DETAILS: Warm up a cold winter's day with hot soup and subs. Then cool off at the "make your own ice cream sundae" bar! Bring a bowl! After lunch enjoy a musical program TBA.

Spring Ahead!

Pot Luck Covered Dish

DATES: Wednesday, March 18

TIMES: 11:30 am to 2:30 pm

LOCATION: Parks and Recreation Dept.

FEE: Bring a dish to pass and your own table service. A cold meat & cheese tray and beverages will be provided by the Leisure Time Club.

RESERVATIONS: Sign up by March 13.

DETAILS: After lunch enjoy live entertainment TBA.



Judy's Out to Lunch Bunch

DATE: Wednesdays

January 29—Ten Pin (Chittenango)

February 26—Kirby's (Fayetteville)

March 25—Flo's (Lake Oneida Beach)

April 29—Knotty Pine (Wampsville)

May 27—Cracker Barrel (Cicero)

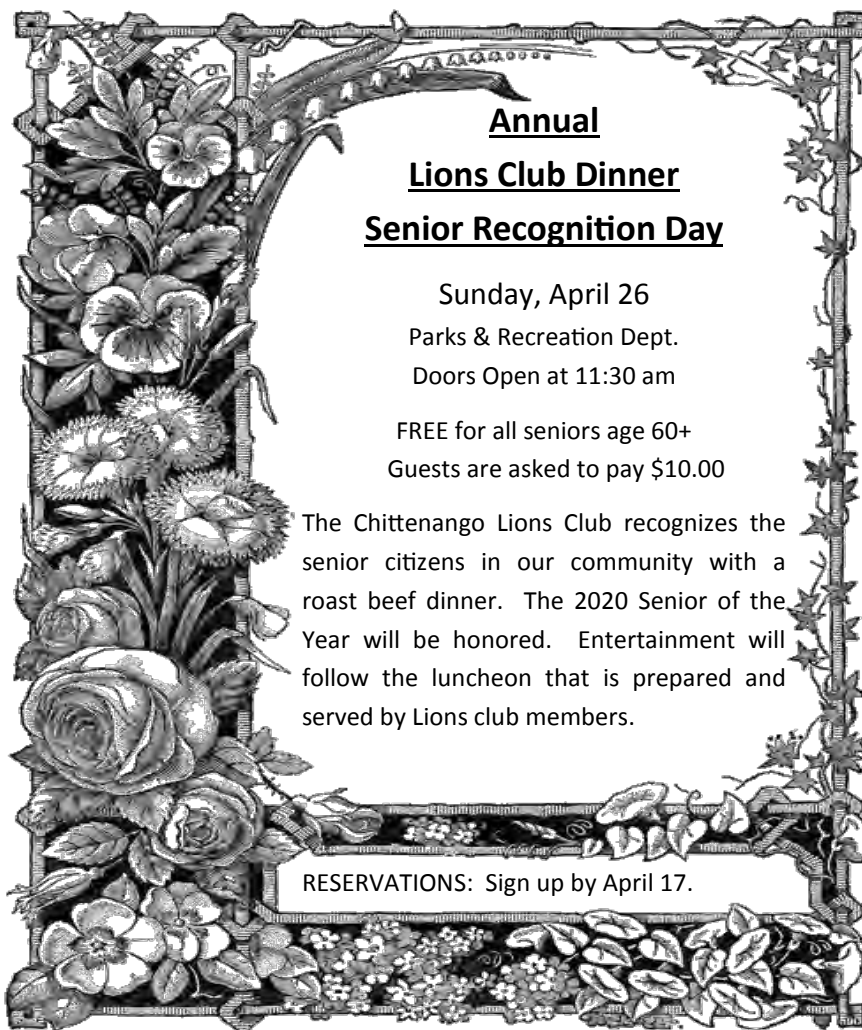
TIME: 11:30 am

FEE: Separate Checks

DEADLINE: Must call Parks & Rec. at 315-687-3471 by Friday before or make your reservation online at

<https://sullivan.recdesk.com>.

DETAILS: Meet other lunch bunch enthusiasts once a month for an informal meal out. The group decides their lunch locations. Everyone has a separate check.



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ATTENTION VETERANS

WE WELCOME YOU

**Town of Sullivan Veteran Groups
providing support to the community**



American Legion Post 1287
American Legion Auxiliary
Sons of the American Legion
Marine Corps League
Veterans of Foreign Wars Post 8829



Visit www.chittenangonyveterans.webs.com or call 687-7069

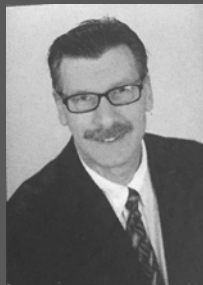
Parties and Family Functions

**The Legion Room and Kitchen at the Veterans Memorial Parks & Recreation Building
are available for parties and family functions. Reservations required.
Contact the Parks & Recreation office at 687-3471 for further information.**

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2020 Chittenango Little League Registration

Register at: bearcountryLL.org

Registration Opens: 1/1/2020 and closes 3/8/2020

Fees: Baseball	\$95.00 Before 2/23/20; \$110.00 After
Softball:	\$95.00 Before 2/23/20; \$110.00 After
Tee-Ball:	\$50.00 Before 2/23/20; \$65.00 After

* Registration is required to participate in this winter's skills clinics. These clinics are anticipated to run Sundays in February, with times to be determined.

There will be a \$5.00 fee payable on the date of each clinic.

Whom to contact with questions:

League President– Kevin Valente:	315- 427 - 2202
Vice President Baseball - Jason Thomas:	315– 569 - 8954
Vice President Softball– Tim Eddy:	315– 530 - 0595
League Email:	chittenangolittleleague@gmail.com



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Questions about Chittenango area? Check out

ChittenangoCommunity.com



It is not my intention to solicit the offerings of other brokers



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YOUTH & ADULT REGISTRATION FORM

ADULT PARTICIPANT-PARENT/GUARDIAN INFORMATION

Name _____ Phone (Cell) _____ (Home) _____ (Work) _____

Name _____ Phone (Cell) _____ (Home) _____ (Work) _____

Address _____ City _____ State _____ Zip: _____

E-mail Address(s) _____

Would you like to receive informational emails regarding upcoming programming and events? YES _____ NO _____

Emergency Contact Name-(NOT in same household)	Phone Number	Relationship

Would you be interested in volunteering or coaching? _____ Are you a Town of Sullivan Resident? _____

T-SHIRT SIZES ARE – YM; YL; AS; AM; AL; AXL; AXXL

Participant Name (Youth or Adult)	Birthdate	Grade (Youth only)	Shirt Size	Program Name	Session Date	Fee

Name of Authorized Person (In addition to Parents) to Pick Up Child	Phone Number	Relationship

Release of Minors: I, the undersigned, give complete permission to the below named person(s) to participate in the Town of Sullivan/SCC program listed below, and certify that all information on this form is complete and accurate. As the parent/guardian of the below named minor(s), I hereby give my consent for emergency medical care prescribed by a duly licensed Doctor of Medicine. This care may be given under whatever conditions are necessary to preserve the life, limb or well-being of my dependent.

Adult Program Release: I hereby certify with my signature below that I will accept full responsibility and intend to be legally bound hereby, for myself, my heirs, executors and administrators, waive and release any and all claims for damages I may have against the Town of Sullivan, Sullivan Community Council, Chittenango Central School District, volunteers, employees, building supervisors, program supervisors, assignees and agents for all injuries suffered by me in said program. I acknowledge that the Town of Sullivan Parks & Recreation Dept. strongly recommends that I have a complete physical examination (at my own expense) to determine my fitness to participate and I assume full responsibility for possible consequences if this is or is not done. I also attest and verify that I am physically fit to participate in the below named program.

Statement of current medical conditions, allergies or medications: _____

Do you need special accommodations? _____

Photographs may be taken of recreation programs and used for marketing purposes. Initial if you do NOT authorize: _____

REFUND POLICY No refunds will be given if requested after the program start date. If a refund is requested before the program start date, the refund amount will be prorated depending on how much cost has already been incurred to the program.

Convenience/processing fees associated with credit card payments cannot be refunded, even if a program is cancelled by the department.

SIGNATURE: _____ **DATE:** _____

OFFICE USE ONLY: Amount Collected: _____ Method of Payment: cash check credit card Staff Initials: _____

CREDIT CARD INFORMATION: *All credit card transactions will be charged a 3%, plus \$0.30 convenience fee. This fee is not refundable, even if a program is cancelled by the department.

Name on Card: _____ Billing Zip Code: _____

Card Number: _____ Exp. Date: _____ Sec Code: _____

Pavilion Rental Day

Monday March 2, 2020 at 5:00 pm

Sullivan Parks & Recreation Dept.

**Pavilion Lottery Is open to
TOWN OF SULLIVAN RESIDENTS ONLY!**

LOTTERY FOR 2020 RENTALS!

The 2020 Pavilion Rental "Lottery" will be held on Monday, March 2 for both parks and all pavilions at the same time! All persons must arrive before 5 pm in order to be included in lottery. Only one person may receive a ticket for any desired date. Bringing additional people will NOT increase your odds of getting desired date. Lottery is open to SULLIVAN RESIDENTS ONLY. Bringing a calendar is recommended in case your original date is booked and you must look at alternates. Online Reservations will be available for "RESIDENTS ONLY" at 6:30 pm on March 2. Visit our website <https://sullivan.recdesk.com> to make your reservation. Any rental within 5 days of desired date must be reserved in person. Pavilions will open on May 16, 2020.

**"NON-RESIDENTS" can reserve a pavilion starting on Tuesday, March 3 at NOON!
Call the Sullivan Parks & Recreation Office at 315-687-3471 with any questions!**

Easter Egg-stravaganza

Saturday, April 4

Town of Sullivan Parks & Recreation Dept.

10:00 am

**Boys & Girls ages 8 and under will hunt
for eggs in age groups.**

Toddlers may be helped by an adult.

Held Rain or Shine!

**All participants will receive a small prize.
FREE to Town of Sullivan Residents!
MUST PRE-REGISTER Online
or at the Parks & Rec. Dept. 315-687-3471**

Registration Deadline, Thursday, April 2 or until full. Maximum of 200



**Sullivan Community Council
707 Legion Drive
Chittenango, NY 13037**

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40th Annual Fishing Derby

Sullivan Park Pond

Saturday, May 9, 2020

Boys & Girls ages 3 to 12
Fish from 9:00 to 11:00 am
Pre-Registration Required! Deadline May 8 at noon.

FREE to all Town of Sullivan Residents!
Prizes Awarded! T-shirt and lunch for ALL entrants!
Sponsored by the Town of Sullivan Parks & Recreation Dept.
and area merchants, businesses and organizations.